

YWCA's CAMP TAPAWINGO

2018 PARENT INFORMATION



YWCA
TORONTO

A TURNING POINT
FOR WOMEN



United Way
Toronto & York Region

WELCOME TO YWCA'S CAMP TAPAWINGO



YWCA's Camp Tapawingo staff are looking forward to another GREAT camping season! We want to make this a fantastic summer for both parents and girls, and you can help us make that happen.

This package contains important information, including a map, phone numbers, what to bring to camp, and other details. Cabin groups are created before camp opens; the groups are drawn up from the names listed on the application forms. Be sure to provide the name again on the *Camper Information* form. If you are requesting a new cabin mate at this late date, we will try to accommodate you. There is no guarantee, however, since cabins are full.

All camper forms, including medical information, can be completed through the On-line Registration system. Input the username and password that you created; if you do not have an account yet, please create one. Instructions on how to do so were emailed separately. If you do not have an email address, the forms have been mailed to you.

We can hardly wait for the summer...*Yip de ninigo*...and we'll see you soon!

LIZ GREENWAY
Camp Director/
Manager of Camping Services

JO DWHYTIE
Assistant Camp Director

ERIN PATERSON
Registrar

YWCA Toronto respects your privacy, protects your personal information and adheres to all privacy-related legislated requirements.

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HOW TO CONTACT US

TORONTO OFFICE

During the summer, Erin will be in the camp office Monday through Thursday from 9:30am-1:30pm. Please call her for information about registration, camp buses, or your account.

YWCA Camping Department — 68 Bergamot Aveue, Toronto, ON M9W 1V9
T 416.652.9374 | F 416.652.7006 | Camping@ywcatoronto.org

AT CAMP

If you have questions about your daughter's experience or information you would like to discuss with Liz and Jo, please call camp directly. Campers do not receive calls at camp although special arrangements may be made for birthdays.

Campers love to get mail and receive it every other day after lunch. Please do not send faxes or emails for campers. You can reach us at:

YWCA Camp Tapawingo — General Delivery, Parry Sound, ON P2A 2X1
705.746.5455 | lgreenway@ywcatoronto.org

FACEBOOK

Camp has an official Facebook page which can be found at YWCA Camp Tapawingo. We love to see our campers' photos, so please "Like Us" and send us your best shots for our Facebook photo gallery. We will use this to post notices and bulletins about camp, particularly in regards to travel information. We suggest that you check it on travel days.



CODE OF BEHAVIOUR

The quality of the camp experience for girls in our care is of utmost importance to us. We expect the girls to respect other campers and staff as individuals, as well as showing respect for the group as a whole. For this reason, any behaviour that negatively impacts the physical and/or emotional well-being of other campers has no place at Camp Tapawingo. This includes harassment or bullying and may, at the discretion of the Camp Director, result in immediate removal from camp. Bullying is when one or more people exclude, tease, taunt, gossip, hit, kick or put down another person with the intent to harm another person. Illegal acts such as under age smoking, drinking alcohol or using drugs —other than those medically prescribed— are also cause for immediate removal from camp. In these instances, a zero tolerance policy is enforced. If removal is necessary, there is no reimbursement of fees, and any expenses incurred will be the responsibility of the participant/parent/guardian.



VISITORS

One of the benefits of camp is the opportunity for girls to develop independence and to grow as individuals. We know you miss your daughter, but to maintain the integrity of the camping experience we have a no visiting policy while camp is in session. We ensure that campers feel secure about their surroundings. We offer children and their families opportunities to experience camp before the season opens.

Each year we put on a number of events to make campers and their families feel more comfortable:

NEW CAMPER'S NIGHT

Tuesday, May 15, 2018 | 7pm-8:30pm
YWCA Toronto Julia M. Ruby Leadership Centre
Nancy's Auditorium
87 Elm Street, Toronto, ON

OPEN HOUSE

Saturday, June 23, 2018 | 10am-4pm
Camp Tapawingo
Parry Sound, ON

We hope that you can join us at one or more of these events prior to your daughter's arrival at camp.

REGISTRATION INFORMATION & TAX RECEIPT

All camp fees must be paid by *Friday, June 1, 2018*. This includes all appropriate taxes as well as bus fees. Any exceptions to this will need to be discussed with the Camp Director.

You will receive a statement of your account upon receipt of your daughter's registration. A final statement will be sent in September as a tax receipt, so please hang on to it. Residential Camp fees may qualify as a tax credit for child care expenses and also for the Fitness Tax Credit.

PICTURES & MAILING LIST

Each year we take a variety of pictures of our campers to be used for promotional purposes. These pictures may be used for the camp slide show, brochure, website, or our display booth. We are careful with the pictures we use and always strive to show the joy and strength of campers. We also send out a camper address list at the end of the season so the girls can write to each other. This list is sent only to campers in your daughter's cabin and section. It is not distributed to anyone else.

If you do not want your child's image to be used in this manner or their name and address to appear on the mailing list, please submit a letter expressing your wishes and send it in with your daughter's forms.

MEDICAL INFORMATION & HEALTH FORMS

Personal Health forms are on-line and must be *completed in full* and submitted to us by *Monday, May 14, 2018*. We must have your daughter's immunization history recorded on the form since this is a requirement of the Department of Health. We are also required to have the version code and expiry date for your daughter's health card.

If any medical information changes before camp, please send a written note with your daughter.

YWCA's Camp Tapawingo does not require a medical examination or a doctor's signature on the medical form. We do require, however, full disclosure from parents. All information about your daughter's health must be given in writing.

Medication should be brought to camp in its original bottle, clearly labelled with the camper's name and instructions for use. All camper and staff medications are secured in a locked cabinet in the health centre.

A local doctor is on call for Camp Tapawingo. On occasion, doctor's appointments are scheduled through one of the medical clinics in Parry Sound. Doctors are on call 24 hours at the West Parry Sound Health Centre. Any hospitalization or medical expenses above OHIP are the responsibility of the parents.

It is our policy to notify a parent/guardian if their child has been to see the doctor in town. If you wish us to vary from this policy, then please advise us in writing.

SHOWERS

We have shower facilities located in a separate building from the sleeping cabins. There is hot water! The girls are scheduled to have showers at least twice per week, as well as before and after their camping trips. It is helpful for the girls to have some kind of small tote bag for their toiletries as they do have to carry them from their cabin to the washhouse and shower room.

LAUNDRY

Facilities for hand washing clothes are available for the girls. With our shorter camp sessions, the *What To Bring to Camp* list (see next page) adequately meets a camper's needs. The girls, however, always have favourites and they may wish to wash these items by hand. Please send a small container of laundry soap along to camp. The younger girls love to wash clothes and we do let them — with supervision!

LOST & FOUND

We do our best to help campers keep their belongings together. It is helpful to send clothes that your daughter will recognize as her own —so hold off on buying new things for camp! Please label your daughter's clothing to help her identify them. We have partnered with Lovable Labels this year such that 20% of each order placed gets donated back to YWCA's Camp Tapawingo. We have included the company's information on the last page of this booklet. Lost and found items will be in the Toronto office in early September. We retain items until the end of October.

FOOD PARCELS

Please do not send food parcels to your daughter. Our meals are well balanced with treats provided. Any parcel arriving will be opened by the camper and all food will be held in the camp office and sent home with the camper. Please inform grandparents, aunts, uncles and friends. Thanks!

TUCK

We have a tuck shop at camp and this is where the girls can buy stamps, candy, batteries, t-shirts, pens, etc. We suggest \$30 for tuck. This amount will vary depending on swim awards achieved and whether or not you want your daughter to buy a sweatshirt or t-shirt. Please check the list below to help with your calculations. Tuck money is collected upon arrival at camp by your daughter's counsellor and given to the Business Manager who deposits it into the camper's account. The amount spent is recorded and the balance is returned to the camper at the end of session. Snacks and candy are available in limited amounts (\$1.90) two times per week. A camper can always get emergency supplies of other items.

PRICE LIST (all prices are approximate):

T-shirt	\$25	Bathing Caps	\$3
Sweatshirts and/or pants	\$40	Red Cross awards*	\$2.50
Songbooks	\$10	Lifesaving Society*	\$4-\$12
Pens or other souvenir items	\$1.50-\$15	Bronze Medallion/Emergency 1st Aid*	\$25
Embroidery floss or hemp	25¢-\$1	Bronze Cross*	\$25
Water bottles	\$12-\$24		

*Swim awards are deducted from a camper's tuck account.

WHAT TO BRING TO CAMP

Please see the complete list of items to bring to camp on the following page. Note that there is a separate list depending on whether you are coming for one, two or three weeks. Canoe trips start for girls once they are 10 years of age so the tripping gear is only necessary at that point.

SHOES

At camp we have different kinds of shoes for different activities.

RUNNING SHOES: it is absolutely essential that campers have running shoes which are required for canoe trips, evening programs, sports activities, and active games. The appropriate footwear will be announced for a program and campers will be asked to change when necessary.

SANDALS: sandals are okay for daytime programs as long as they have a back strap. Please **do not send** sandals without back straps or poolside flip flops, as they are not sturdy enough for Tapawingo terrain.

WET SHOES: campers need a pair of wet shoes that can be worn in the water on canoe trips and for sailing. This is a pair of closed-toed shoes (old running shoes are great!) that can be worn in the water to protect their feet from sharp objects.

We wear them whenever we are unsure of the water. **Aqua socks do not qualify as wet shoes, so please do not send them to camp. Platform shoes and high heels cause girls to sprain ankles at camp so please leave them at home as well.**

WHAT NOT TO BRING TO CAMP

Please do not bring cell phones, iPads, tablets, radios, stereos or hairdryers. These items will be taken away and stored in the Camp office to be returned at the end of the session. Let's reconnect with each other and nature.

LUGGAGE

The list of things to bring is more than enough for a comfortable stay at camp. Campers should be able to fit everything they need into one regular-sized hockey bag or suitcase, plus pillow and sleeping bag. We have had a growing problem with the amount of luggage brought to camp — there is no need for shelves, stereos and make-up boxes. With excess "stuff" the girls are having trouble sorting out what belongs to whom in the cabins. Please stick to the items on the provided list and we thank you for your assistance in keeping camp life uncomplicated.



PACKING LIST

Suggested items to bring to camp based on a three-week session (adjust according to length of session.) *Please pack all items into one suitcase or small hockey bag (pillow and sleeping bag separate!)*

CLOTHING

- 7 t-shirts
- Underwear
- 2 pairs of pyjamas
- 2 or 3 long-sleeve shirts
- 3 sweaters or sweatshirts
- 1 pair of “wet shoes”
- 1 pair running shoes
- 1 pair sandals with a back strap (optional)
- 1 jacket
- 1 white bathing cap (mandatory, may be purchased at Camp)
- 7 pairs of socks
- 5 pairs of shorts
- 1 white t-shirt (for Sunday)
- 1 pair of blue shorts (for Sunday)
- 3 pairs of long pants
- Raincoat
- Rubber boots

BEDDING

- Sleeping bag and/or sheets
- Pillow and pillowcase
- Extra blanket

CAMPING EQUIPMENT

(If your daughter would like to go on a trip)

- Mess kit (knife, fork, spoon, plate, bowl and cup)
- 4 plastic garbage bags
- 8 ft. of rope
- Ground sheet or heavy plastic sheet

MUST BRING ITEMS

- Sunhat
- Sunglasses
- Sunscreen – waterproof
- 2 bathing suits
- Raincoat
- Rain boots
- 1 pair wet shoes
- 2 bath/beach towels
- Toiletries (shampoo, tissues, toothbrush, toothpaste, soap, deodorant etc.)
- Flashlight and extra batteries
- Comb and/or brush
- Insect repellent (cream type)
- Plastic cup for snack at night
- Laundry bag and laundry soap
- Knapsack (for carrying items to activities)

OPTIONAL

- Books
- Bug hat
- Pens, pencils, crayons
- Games, baseball mitt
- Camera
- Writing paper and envelopes
- White shirt for tie-dying in Arts & Crafts
- Stuffed animal

PLEASE DO NOT BRING ITEMS

Electronics such as iPods, tablets, cell phones and speakers, shelves, or too many clothes

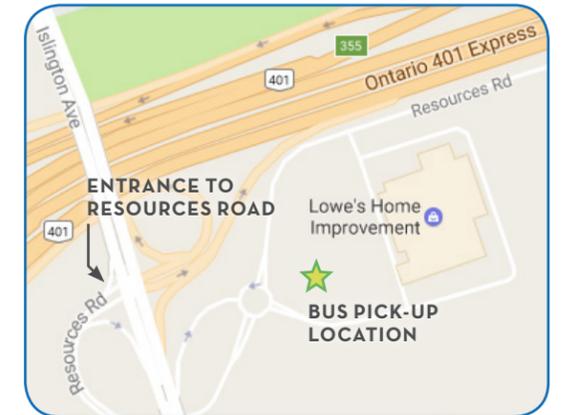


BUS TRANSPORTATION

The camp buses will be leaving at 12 noon and returning at approximately 12:15pm to the Lowe’s parking lot at 48 Lowe’s Place, Etobicoke (Islington Avenue/Highway #401). The buses will park at the west end of the parking lot, accessible off of Resources Road.

DIRECTIONS BY CAR

FROM THE EAST Take Highway #401 to Islington Avenue, exit 356. Go southbound on Islington Avenue to Resources Road. You will cross a bridge over Highway #401, Resources Road will be on the right-hand side (it goes under Islington Avenue.) It will seem like you are going back onto a highway ramp, but it is actually Resources Road. Take the first exit off the round-about which will take you to the Lowe’s parking lot.
FROM THE WEST Take Highway #401 to Islington Avenue, continue straight through the lights you will be on Resources Road which goes under Islington Avenue. Take the second exit off the round-about which will take you to Lowe’s parking lot.



DIRECTIONS BY TTC

The 37A, 37B or 37C Islington Northbound bus, get off at Resources Road, from there walk to the Lowe’s store. *Make sure to get a transfer where you pay your fare. You will need it to get on the TTC bus at either station.*

THINGS TO NOTE ABOUT THE BUS SERVICE

- The bus departs promptly at 12 noon. Please arrive at least 45 minutes before departure. The bus will leave on the scheduled time, so arrive early to avoid missing the bus. Occasionally on the return trip we are late due to heavy traffic. Any camper missing the bus will be responsible for her own transportation.
- Please pack a lunch –including a beverage– to be eaten on the bus. Due to allergy concerns, please do not send nuts or peanut butter on the bus.
- Campers travelling in sessions 1c, 1d, 2c and 2d may be travelling one way in a charter van; this depends on the number of campers.

PLEASE NOTE: It is necessary for all campers to complete the transportation information on-line by Monday, May 15, 2017. If you need to make any changes, please call Erin directly at 416.653.9374.

CAR TRANSPORTATION

Arrival to camp by car is between **2:15–3pm**. Please do not arrive prior to this as our staff are on the buses with the campers arriving from Toronto. Departure pick-up time from camp is between **9:45–10:15am**.

The address to search on Google would be 75 Glen Burney Road, Parry Sound, ON. We recommend you do not rely on GPS or Google for directions.

- Take **Highway #400 north to Barrie**; continue on **Highway #400 north to Parry Sound**;
- Take **exit #224 Bowes Street** and go to the **fifth set of lights** which is **Forest Street** and **turn left**;
- **Turn right at Parry Sound Road**;
- **Turn left** at the first street which is **Emily Street**; follow this road just past Rosepoint Marina and **turn left at Glen Burney Road**;
- **Continue on this road and you will past the marina, stay right as you pass the boat storage barns and this road will bring you right to camp.**

TAPAWINGO TIPS

Here are a few little tips that might be helpful when you are packing. Pack something that you like to do. Here are some examples:

- Like to draw? Bring some markers and paper
- How about bringing a disposable camera?
- Playing cards are great! They are small to pack, and something that everyone has fun playing.
- There's time to read, so a book will come in handy, but this isn't the time for long books. There are lots of interruptions, so bring shorter books.
- Choose a stuffed animal or some kind of favourite thing. Don't worry about being embarrassed – most girls bring something like this!
- Don't forget to pack a lunch with a drink for the ride to camp.

THE FIRST DAY...

When you get off the bus at camp, we will be right there to get you settled into your cabin. The staff will take your luggage off the bus while you go to the front of the dining hall to meet your counsellors. You will go with your counsellor to pick up your luggage and then up to your new cabin. The rest of the afternoon will be spent with your counsellors and the other girls in your cabin – unpacking, going on a tour, swimming (if you like) and playing some games.

A TYPICAL DAY AT TAPAWINGO

7:30am	Wake-up bell/Polar dip (optional)
8:15am	Flag-raising
8:30am	Breakfast
9–9:45am	Cabin clean-up/Cabin Time
9:45–10:30am	Activity #1
10:30–11:15am	Activity #2
11:15am–noon	Activity #3
12:30–2:30pm	Lunch/Rest Hour
2:30–4:30pm	Afternoon program with your cabin or section
4:30–5pm	General Swim
5–5:30pm	Free Time
5:30–6:30pm	Dinner
6:30–7pm	Tuck Time
7–9:30pm	Evening Program
8:30–9:30pm	Bedtime (depends on age)
10pm	Lights Out!



NEW CAMPER'S NIGHT

Tuesday, May 15, 2018 | 7-8:30pm

YWCA Toronto Julia M. Ruby

Leadership Centre – Nancy's Auditorium

87 Elm Street, Toronto, ON

(St. Patrick subway station, between Sick Kids Hospital and Toronto Bus Terminal)

Come and join us in Nancy's Auditorium for an evening of fun and games! This is an opportunity for you and your daughter to meet camp staff members and other new campers. We will play some games, sing a few camp songs, see some pictures and of course have a snack!



OPEN HOUSE

Saturday, June 23, 2018 | 10am–4pm

Camp Tapawingo – Parry Sound, ON

This is your opportunity to come and visit camp before the summer. Bring the family and a picnic if you would like and we will be happy to show you our facility. The Camp Director will be on hand to answer your questions.

Hope to see you there!

CAMP TRADITIONS

We have a couple of traditional camp sayings that are used every day. We thought it would be nice for you to see them before you get to camp.

Salutation to the Dawn

(said every morning at flag-raising)

Look to this day for it is life
 The very life of life. In its brief course
 Lie all the verities and realities of our existence.
 The bliss of growth, the glory of action
 The splendour of beauty.
 For yesterday is but a dream and tomorrow
 is only a vision.
 But today well lived makes every yesterday
 a vision of happiness.
 And every tomorrow a vision of hope.
 Look well therefore to this day
 Such is the Salutation to the dawn.

Yip de ninigo!

Said whenever people leave Camp...canoe trips, going home, and to welcome them back again.

CALL Yip De Ninigo Nanigo Saska Poodley Addiley Youhoo

RESPONSE Eenika Meenika Honika Sigh Yip
 De Addiley Youhoo

CALL Hi Low Mini Mini Caw Caw Une Cha Cha Wha
 Te Wha Wha

RESPONSE Wha Wha Te Wha Cha Cha Une Caw
 Caw Mini Mini Low Hi

MAP OF CAMP

YWCA CAMP TAPAWINGO

Landsports Field

Sailing Beach

Swimming Area

White Cottage Bay

Georgian Bay

1. HORNET'S NEST	15. WIT'S END	29. ASPIR-INN (INFIRMARY)
2. FLIT INN	16. WINCHESTER	30. HI-PIER
3. CHATTERBOX	17. WORKSHOP	31. JAYCEE
4. IN-BETWEEN	18. OWL'S NEST	32. WHITE COTTAGE
5. BACK-A-BIT	19. POOH CORNER	33. WINDY LEDGE
6. LITTLE BEHIND	20. HANDY HUT	34. TIGGER'S PLACE
7. WAY BEYOND	21. WELCOME WAGON	35. MAIN CAMPFIRE
8. SUNSET	22. CHUCK WAGON	36. CANOE BEACH
9. TRIPLE OAKS	23. DEWDROP INN	37. CLIMBING WALL
10. TRIPPING HUT	24. MUGWUMP INN	38. ARCHERY
11. THUNDERSTAR	25. BEDLAM BUNGALOW	39. TURTLE SHELL
12. DINING HALL	26. INAWENDIWIN (HOUSE)	40. TIDBIT
13. WASH HOUSE	27. REC HALL	41. WANDER INN
14. SHOWERS/BATHROOM	28. RAPSEY	42. DAYS INN

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